



ORGANIC ESSENTIAL OIL

SUSTAINABLY SOURCED
IN NORTH AMERICA.

15ml | £16

Plant Part:
Wood

Extraction Method:
Steam distillation

Aromatic Description:
Nutty, woody, sweet

Health Benefits

- Promotes relaxation
- Can help to keep skin looking healthy
- Can relieve tension
- Can Reduce inflammation and muscle pain
- Could minimises skin irritations and itchiness
- Can naturally repel insects

CEDARWOOD

Juniperus virginiana

PRODUCT DESCRIPTION

Known for its rich hue and warm, woody scent, Cedarwood essential oil provides myriad benefits. It is native to cold climates, thriving in high altitudes and growing up to 100 feet. Reminiscent of its size and strength, Cedarwood has a grounding aroma that evokes feelings of wellness and vitality. When applied topically, Cedarwood has clarifying properties.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.
Topical use: Apply one to two drops to desired area. Dilute with a carrier oil if you have sensitive skin.

EXAMPLES OF USES

- After a difficult day, diffuse to create a relaxing environment.
- During your facial routine, add one to two drops to your facial toner or moisturizer to promote clear, healthy looking skin.
- Place a drop on a cotton ball and place in closet to keep moths at bay.
- Cedarwood is frequently used in massage therapy to relax and soothe the mind and body.