



ORGANIC ESSENTIAL OIL

SUSTAINABLY SOURCED  
ON THE ISLAND OF NOSY  
BE, MADAGASCAR.

15ml | £46

Plant Part:  
Flower

Extraction Method:  
Steam distillation

Aromatic Description:  
Sweet, rich and spicy

## Health Benefits

- Can provides antioxidant support when ingested
- Can have calming effect
- Could aid as a antidepressant
- Can be an antiseptic
- Could promotes appearance of healthy skin and hair

# YLANG YLANG

*Cananga odorata*

## PRODUCT DESCRIPTION

Derived from unique star-shaped flowers, Ylang Ylang is often used to support healthy skin and hair, while simultaneously providing a calming effect and promoting a positive outlook.

Through doTERRA's Co-Impact Sourcing partnerships with distillers and harvesters in Nosy Be, Ylang Ylang producers receive proper compensation for their efforts.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil if you have sensitive skin.

## EXAMPLES OF USES

- Put Ylang Ylang into an Epsom Salt bath for relaxation.
- Refresh your skin with an aromatherapy steam facial using Ylang Ylang essential oil.
- Put on your wrists for a sweet, floral perfume.
- Add Ylang Ylang to a carrier oil for a deep hair conditioner.